A quiet sound notebook

Name: _____ Date: _____

Sit with an adult in a safe room. Listen to everyday sounds from your seat without turning on any device. Do not make loud sounds or approach a sound source. Write or draw what you hear.

Observation 1 · I heard: _____

I think the source is: _____

My evidence or description: _____

Observation 2 · I heard: _____

I think the source is: _____

My evidence or description: _____

Observation 3 · I heard: _____

I think the source is: _____

My evidence or description: _____

Quiet is an observation too. Use only what you hear from your seat.